



Medicines, fasting and low-glucose safety

Name _____ Date _____

Your practical task

Complete the medicine inventory and family emergency plan.

Clinician and emergency contact

Where I keep fast-acting glucose

My written sick-day and fasting instructions

Check your understanding

Write True or False beside each statement. This is not a diagnostic test.

1. Give sweet water to an unconscious person. _____
2. Fasting needs a medicine-safety plan. _____
3. A good reading allows me to stop treatment myself. _____

Health education for adults and families, mainly about type 2 diabetes. Do not change medicines yourself. Type 1 diabetes, pregnancy, children and complex illness need individual medical care.



My medicine inventory

Check medicine instructions with your clinician or pharmacist.

Medicine	Dose/time	Food instructions	Missed-dose plan

My review

What did I learn and what support do I need?

My next small step and review date

Answers 1. False; 2. True; 3. False

Continue structured learning

[CR-DM499 · Diabetes: A Full Explanation to a Common Man](#)

<https://learn.globalselfhealthcare.org/courses/cellureva-diabetes-remission>

Sources: [CDC Treating low blood sugar](#) · [NIDDK Insulin and other medicines](#) · [ADA Planning for sick days](#) · [NCCIH Diabetes and dietary supplements](#) · [DailyMed Dapagliflozin safety information](#)